



# Saint Theodore Hot Lunch Menu

## For September 2017

“The USDA is an equal opportunity provider and employer”

Menu Items May Change Depending On Availability



**MON**

**TUES**

**WED**

**THURS**

**FRI**

**Student Lunch = \$2.86**

**10 Day = \$28.60**

**20 Day = \$57.20**

**Adult Lunch = \$3.70**

**WG = Whole Grain**

**LF = Low Fat**

**1**

***NO SCHOOL***

**4**



**5** WG Sausage & cheese pizza/  
Romaine lettuce salad w/LF  
ranch dressing/Fruit Jell-O/  
Brownie

**6** WG Breaded chicken patty on  
WG bun/Baked beans/French  
fries/Apple slices

**7** WG Mini corndogs/Rice pilaf/  
Assorted fresh vegetable w/lite  
ranch dip/Tropical fruit

**8** WG Pancakes w/warm syrup/  
Sausage patty/Seasoned green  
beans/Diced peaches/Monthly B-  
day Celebration Ice cream for all

**11** Sloppy Joe's on WG bun/  
Tator tots/Cooked baby car-  
rots/Diced pears

**12 PAKET Day**  
WG Mini corndogs/Chef's choice  
of Fruit, Vegetable, and Chips

**13** BBQ pork riblet on WG bun/  
Romaine lettuce salad w/LF  
ranch dressing/Chef's choice of

**14** Chicken Chow Mein over  
crispy noodles/Steamed rice/  
Vegetable egg roll/Mandarin

**15** Popcorn chicken/WG  
Pretzel w/cheese sauce/Baked  
beans/Fruit Jell-O/Rice Krispie

**18** Tater tot Hotdish/WG Din-  
ner roll/Romaine lettuce salad  
w/LF ranch dressing/  
Applesauce/Pudding

**19** Soft shell tacos w/all the fix-  
ings/Refried beans/Spanish rice/  
Fruit cocktail

**20** WG French toast sticks w/  
dipping syrup/Lil Smokie sau-  
sages/Seasoned green beans/  
Mandarin oranges/Cookie

**21** WG Breaded chicken strips  
w/dipping sauces/Rice blend/  
Cooked baby carrots/Pineapple  
chunks

**22**

***NO SCHOOL***

**25** Creamy mac & cheese/  
Baked ham slice/Hunter style  
peas/Diced peaches

**26** Beef hotdog on WG bun/  
Bake potato chips/Fresh vege-  
tables w/LF ranch dip/Diced  
pears/Brownie

**27** Hamburger on WG bun/  
Potato smiles/Calico beans/  
Sliced apples

**28** Pepperoni Hot pockets/  
Steamed broccoli/Fruit cock-  
tail/Pudding

**29** Diced Chicken and gravy  
over whipped potatoes and  
biscuits/Golden corn/Tropical  
fruit